



Thrive Resource Centre

September 2023

To Book An Appointment Call:
204.775.9934
406 Edmonton Street

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Coffee 10am-3pm Lunch 10am Until supplies last	Income Tax 10am to 4pm	Coffee 10am-3pm Lunch 10am Until supplies last	Coffee 10am-3pm Resources, Referrals & Program information 9 am to noon	Coffee 10am-noon Lunch 10am Until supplies last
Women's Circle 10:30 am to 11:30am	Mind and Body Wellness via Zoom every 2nd Tuesday at 11:00	Food Kits (appt only) Baby Supplies	Lunch 10am Until supplies last	Clothing Giveaway 10:30 am to noon Hygiene items (if available)
Health Nurse Julia 1:30 to 3:30 pm Layettes	RESOURCE CENTRE Drop-in CLOSED	Men's Support Group 10:30 am to 11:30am	Food Kits (appt only) Baby Supplies	Family Movie Day (must register)
Art for Wellness 3 to 4pm		Anger Management for Women starts Sept 13 at 1:30pm (must register)	 <p>Thrive Community Safety Club</p> <p>Ask about our Safety Club</p>	Movie afternoon September 22 at 2:00 pm
Pregnancy Tests (if available)		Resources, Referrals & Program information 1 to 4pm	Resources, Referrals & Program Information 1 to 4pm	 <p>Spencer the Therapy Cat</p>