



Current Space



Future Space

Building For Generations , Capital Campaign

## Contact us

### Administration Office

3-406 Edmonton Street

Phone: 204.772.9091

Fax: 204.774.2161

Hours: 9am – 4pm

(Closed Weekends)

### Community Resource Centre

#### Drop-in & Outreach Services

3-406 Edmonton Street

Phone: 204.775.9934 ext.: 106

Fax: 204.774.2161

Email: [communitydropin@thrivewpg.com](mailto:communitydropin@thrivewpg.com)

Hours: 9am – 4pm (Off-site Tuesdays &

Closed Weekends)

#### Counselling & Wellness Programs

3-406 Edmonton Street

Phone: 204.772.9091 plus extension number

Fax: 204.774.2161

Hours: 9am – 4pm (Closed Weekends)

#### All areas closed from noon to 1:00 pm

### Early Learning Centre and Childcare Centre

#### Childcare/Education/Play

100-475 Sargent Avenue

Phone: 204.779.5093

Fax: 204.774.2161

Email: [karenbryce@thrivewpg.com](mailto:karenbryce@thrivewpg.com)

Hours: 9am – 4pm

For more information about our free services and programs visit our website at:

[thrivecommunitysupportcircle.com](http://thrivecommunitysupportcircle.com)



# Thrive

Community Support Circle

406 Edmonton Street  
3rd Floor

## Welcome to Thrive



@THRIVEwpg



thrivecommunitysupportcircle



Thrive Community Support Circle

# Who We Are

Since 1973, Thrive Community Support Circle has offered free support services and programs to Winnipeg's West End and nearby communities.

Thrive support individuals and family at every stage of life, helping to build an empowered and engaged community. We offer drop-in services, pregnancy support, parenting classes, men & women programs, counselling and more. Our focus is to ensure people in our communities are getting the help they need to thrive on their personal journey.

As a non-profit, Thrive operates three key areas.

**Drop-in & Outreach Services**

**Counselling & Wellness Programs**

**Early Learning & Childcare**

Thrive is funded by private donations, United Way of Winnipeg, Manitoba Early Learning and Childcare, Family Resource Programs and others. Call 204-772-9091 to make your donation.

# Community Centre

Our Community Centre provides a safe and welcoming space for individuals and families. Free services and programs to registered participants including:

## Drop-in Services:

- ◆ **Food Kits (appointment only, once per month)**
- ◆ **Hygiene items**
- ◆ **Coffee - Hot Meal (as available)**
- ◆ **Safer sex supplies**
- ◆ **Pregnancy tests**
- ◆ **Health nurse support**
- ◆ **Baby supplies and Layette service**
- ◆ **Outreach-Tuesday AM & Friday PM**
- ◆ **Phone, computer and fax access**
- ◆ **Printing and copying**
- ◆ **Referrals to other agencies**
- ◆ **Advocacy Support**
- ◆ **Clothing Support (appointment only)**
- ◆ **Volunteer Opportunities**

## Counselling & Wellness

Thrive believes that everyone deserves access to healing and support. Our qualified therapist and counsellors offer no-cost services to help individuals strengthen their emotional well-being, develop resilience and navigate life's challenges. We understand that every person's journey is unique and our wellness programs are designed to meet people where they are offering a safe and supportive space for growth.

## Additional Programs

- ⇒ **Family Liaison Support**
- ⇒ **Financial Empowerment Resources**
- ⇒ **Accessibility & Application Support**
- ⇒ **Men and Women Support Groups**
- ⇒ **Mental Health Programs**
- ⇒ **Parenting Classes**

# Early Learning and Childcare Centre

Our licensed childcare centre provides an inclusive environment for children. We focus on building positive relationships with parents, guardians and caregivers, working together to create a bright future for our children. We collaborate with other childcare professionals to support and promote healthy preschool development.

## Early Learning and Childcare offers:

- ◆ **Abecedarian Approach**
- ◆ **Inclusion**
- ◆ **Outdoor Play**
- ◆ **Respite and Drop in**
- ◆ **Support with Subsidy**
- ◆ **Circle of Security**

E-mail: [karenbryce@thrivewpg.com](mailto:karenbryce@thrivewpg.com)  
for more information.