



Thrive

Community Support Circle

3rd Floor - 406 Edmonton St
Winnipeg, MB
R3B 2M2

Monthly Calendar (Dec 2025)

Talk to a Thrive team member for more info!

Call: 204 - 772 - 9091 Fax: 204 - 774 - 2161

Email: admin@thrivewpg.com

Community Drop-In - "Come in for a free coffee and lunch!"
Mon, Wed-Fri* - 9 AM - 12 PM / 1 PM - 3:45 PM

Mon	Tue	Wed	Thu	Fri
1 <u>Drop-in Open</u>	2 <u>Drop-in Closed</u>	3 <u>Drop-in Open</u> Food Hampers: 9:00 (until out) Men's Circle: 10:30 - 11:30 Anger Manage: 1:15 - 3:15	4 <u>Drop-in Open</u> Food Hampers: 9:00 (until out) Artistic Well: 10:30 - 11:30 Peer / Tenant: 9:00 - 11:00 Parenting: 1:15 - 3:15	5 <u>Drop-in Open</u> Circle of Care: 1:15 - 3:15
8 <u>Drop-in Open</u> Clothing: 9:45 - 11:15 Women's Circle: 1:30 - 3:00 Nurse: 1:30 - 3:00	9 <u>Drop-in Closed</u> Mind & Body: 11 - 12 (online)	10 <u>Drop-in Open</u> Food Hampers: 9:00 (until out) Men's Circle: 10:30 - 11:30 Anger Manage: 1:15 - 3:15	11 <u>Drop-in Open</u> Food Hampers: 9:00 (until out) Artistic Well: 10:30 - 11:30 Peer / Tenant: 9:00 - 11:00 Parenting: 1:15 - 3:15	12 <u>Drop-in Open</u>
15 <u>Drop-in Open</u> Clothing: 9:45 - 11:15 First day of Hannukah Women's Circle: 1:30 - 3:00 Nurse: 1:30 - 3:00	16 <u>Drop-in Closed</u>	17 <u>Drop-in Open</u> Food Hampers: 9:00 (until out) Men's Circle: 10:30 - 11:30 Anger Manage: 1:15 - 3:15	18 <u>Drop-in Open</u> Food Hampers: 9:00 (until out) Artistic Well: 10:30 - 11:30 Peer / Tenant: 9:00 - 11:00 Parenting: 1:15 - 3:15	19 <u>Drop-in Open</u>
22 <u>Drop-in Open</u> Clothing: 9:45 - 11:15 Last day of Hannukah Women's Circle: 1:30 - 3:00 Nurse: 1:30 - 3:00	23 <u>Drop-in Closed</u> Mind & Body: 11 - 12 (online)	24 <u>Drop-in Open Until 12</u> Christmas Eve Food Hampers: 9:00 (until out) Men's Circle: 10:30 - 11:30	25 <u>Drop-in Closed</u> Christmas Day	26 <u>Drop-in Closed</u>
29 <u>Drop-in Open</u> Clothing: 9:45 - 11:15 Women's Circle: 1:30 - 3:00 Nurse: 1:30 - 3:00	30 <u>Drop-in Closed</u>	31 <u>Drop-in Open Until 12</u> New Year's Eve Food Hampers: 9:00 (until out) Men's Circle: 10:30 - 11:30	1 <u>Drop-in Closed</u> New Year's Day	2 <u>Drop-in Open</u>

This Season's Programs:

- Free Food Hampers
- Free Clothing
- Pop-In Nurse Clinic
- Peer Navigation / Tenancy Support
- Men's Support Circle
- Women's Support Circle
- Mind & Body Wellness
- Artistic Wellness
- Anger Management
- 'Nobody's Perfect' Parenting Program
- Circle of Care (with Elder Billie)

Dates to Note:

- Wed Dec 24 - Christmas Eve: Thrive Drop-in open in AM only (closed at 12)
- Thur Dec 25 - Christmas Day: Thrive Closed
- Wed Dec 31 - New Year's Eve: Thrive Drop-in open in AM only (closed at 12)
- Thur Jan 1 - New Year's Day: Thrive Closed

"Thrive fills the gaps I need to live. Everyone's friendly, they remember your name, and even if they can't help directly, they'll connect you to someone who can. People are treated well here!" - Iris (Senior, Community Member)

NO DONATION TOO SMALL - THANK YOU! ❤️

Help us help your local community during this winter holiday season. 🚗 Parking Available in Loading Zone! (space in front of Knox Church's main doors)

We'll happily take any clothing, supplies, small furniture donation drop-offs and more! 📞 Call 204 772 9091 - our team can help unload/carry up!

* Last visits to Drop-in start at 3:30pm, to close 3:45pm.
Drop-in closed Tuesdays for weekly restocking / outreach.
Thrive is closed all weekends and statutory holidays.

All of our programs / services are free!

Winter 2025 Edition